

Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine hydrochloride 50 mg Nighttime sleep-aid

Purpose

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

Other information • each 30 mL contains: sodium 24 mg

- store at room temperature
- does not meet USP requirements for light-resistant packaging.

Inactive ingredients citric acid anhydrous, FD&C Blue No. 1, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions or comments? 1-877-881-5813