

***Drug Facts***

***Active ingredient (in each 30 mL)***

Diphenhydramine hydrochloride 50 mg ..... Nighttime sleep-aid

***Purpose***

***Uses***

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are** taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic beverages

**Stop use and ask a doctor if** sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

***Directions***

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

***Other information*** • each 30 mL contains: sodium 24 mg

- store at room temperature
- does not meet USP requirements for light-resistant packaging.

***Inactive ingredients*** alcohol, citric acid anhydrous, FD&C Blue No. 1, FD&C Red No. 40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

***Questions or comments? 1-877-881-5813***